

2010 Cruising Schedule

<i>Date</i>	<i>Destination</i>	<i>Cruise Captain</i>
May 22	Milford I	Tom & Gretchen Lynch/ Akula
June 26	Northport	John and Joan Marra/ Sailor Dance
July 10	Mattituck	Ted Turner/ Anomoly
July 30 (2nights)	Hamburg Cove	Lonnie Cardinuto & Janice Dayton/ Celer
Aug. 1	Summer Long Cruise start @ Hamburg Cove>Stonington> to Block Island	John and Joan Marra/ Sailor Dance
Aug. 28	Milford II	Mike & Joann Sawka/ Full Circle
Sept. 4 (2nights)	Westbrook	Lucy Competello & Charlie Sanders/ Lu Sea's Day



Cruise Point Award System Details for Cruiser of the Year Award

1st Place, 2nd Place, 3rd Place Awards will be awarded according to the following system:

The boat with the highest amount of points will get 1st Place
The boat with the second highest amount of points will get 2nd Place
The boat with the third highest amount of points will get 3rd Place
If there is a tie, the tie breaker will be the boat that attended the most cruises
If there is still a tie, the boat that finished the Long Cruise will break the tie
If necessary, the Fleet Captain will make the final decision

Points will be awarded as follows:

- 1 point for attending a winter Cruise meeting held by the fleet captain
- 1 point for attending a cancelled Cruise alternate land location
- 2 points for participating in a weekend cruise
- 2 additional points for being Cruise Captain on a weekend cruise
- 3 points for reaching the final destination of the Long Cruise
- 3 additional points for being a Cruise Captain on the Long Cruise

If the final destination of the Long Cruise is changed due to inclement weather or for reasons decided by the Cruise Captain, all boats participating will be awarded all points associated with the Long Cruise.

The Weekend Cruise kicking off the start of the Long Cruise will be counted as a separate cruise and not as part of the Long Cruise. If you are the Cruise Captain for both the Weekend Cruise and the Long Cruise you will only earn 4 additional points for being Captain for both cruises.

If a Cruise is cancelled, no points will be awarded to the participants if no alternate land location is planned.

However, if it is determined that the Cruise Captain already did a lot of preparation for the cruise then the Captain will be awarded the Cruise Captain points.

If a Cruise is changed and a new Cruise destination is decided by the Cruise Captain, all the participants will be awarded their earned points.

All Cruise Captains will report to the Fleet Captain the attendance of all boats on their Cruise.

Participating in an impromptu Cruise will not earn any points.

If necessary, Fleet Captain will make the final decision when awarding Cruisers points.

See individual write-ups for Cruise details

2010 Cruising Details

Milford I

May 22nd

Cruise Captains: Tom and Gretchen Lynch S/V Akula

We will depart from the Red and White of Mt Sinai at 10:00am. . Come join us to kick off the MSSA cruising season!

For you old timers out there, you know the drill. For the first timers, please call Dick or whoever answers the phone at Milford Landing Marina (203-874-1610) and tell them you're with the MSSA. Have your credit card handy and make a reservation. A credit card deposit is required with a 24-hr cancellation policy. Afterwards call us to let us know as we would like to keep tabs on who's going so we can tell everyone else when they ask. It also helps in planning the food for the arrival party.

After a leisurely cruise across the sound, we will be checking in at the Milford Landing Marina. They monitor VHF channel 9. Full facilities are available, and those that have been there before know it is a beautiful and clean marina. As usual, there will be a cocktail party. It will begin around 4:00-4:30 p.m. on the patio at the marina. During the afternoon you can enjoy wandering around town, and if we are lucky, there may be a craft fair on the Milford Town Green.

Please call the marina as soon as possible to have your slip reserved since arrangements must be made well in advance of our arrival.

As most of you know already, lots of restaurants, a couple of pubs, things to look at and do, a nice marina, an ice-cream store that's hard to avoid, and the great company of fellow MSSA sailors. We laugh, we drink, we party, and we don't drive. Some have been known to have trouble walking, some make fools of themselves, & some don't. Be there and find out why we go to Milford twice a season.

2010 Cruising Details – continued

Northport Harbor, Northport, L.I.

Saturday June 26th

Cruise Captains: John and Joan Marra – S/V Sailor Dance

The Village of Northport is a gem all in it's own! You will be delighted with this charming town. It's filled with shops and restaurants. There are shops from bakeries to wine bars to hand made painted furniture to toys. If that is not enough on Saturday from 8am – 1pm there is a farmers market. If shopping is not your thing, you might be interested in a self-guided walking tour (for \$5, it includes an MP3 player containing audio information, historical photo book and directions. Or you can go low-tech with a map and a simple walking tour pamphlet, also available at the museum exhibits at 215 Main St., (631-757-9859, northporthistorical.org). If That's still not enough, one could hail a cab and enjoy a ride to Centerport to visit the Vanderbilt Museum and Planetarium. Don't forget Wolfies frozen custard, at 42 woodbine ave, (wolfiescustard.com) for your ride back to your boat. Seymour's Boat Yard has Moorings, with a tender service included, you can call 631-261-6574 to reserve a mooring. One can anchor just north of Northport harbor by beautiful Asharoken Beach. But it is a good long dink ride to Seymour's or the town dock. Just a FYI, on Sunday there will be an Art, Music, and Poetry in the Park happening from 10am – 5pm. To be announced is where the Cruisers Party will be remember BYOB ?? So come and join Sailor Dance at Northport Harbor we are sure to have a lot of fun. Contact John and Joan Marra S/V Sailor Dance at 631-928-3552 if you plan on attending.



MATTITUCK RACE-CRUISE REGATTA

Aka Mattituck Summer Olympics

July 10th

Cruise Captain: Ted Turner S/V Anomaly

This is a fun race/cruise to Mattituck. If you are not into racing, sail or drive out anyway. From our destination it's not too far to walk to town, where you will find a few restaurants, a movie theater and more. Around 5:00pm we will host our party at Matt-A-Mar Marina. The theme is the Mattituck Summer Olympics. So get to the gym to prepare for potato sack race, free style swim, dingy rowing and several surprise events. Gold, silver and bronze metals will be awarded. The smaller creeks that lead into Mattituck Creek provide some good exploring opportunities so definitely bring a dinghy along.

If you're not necessarily a racer you are encouraged to join in on this one. Racing to Mattituck is a straight line from Mt. Sinai to C"5"(a few miles before Mattituck). The race will begin at MSSA club mark "A" at 10 AM sharp. Your cruise captain will be on station to officiate. The finish will have to be done on your honor at the Green Can of Roanoke Shoal C "5". You should come within two boat lengths of the buoy, keeping it on your starboard side. Record your time when the buoy is south of your bow and announce your finish time on VHF channel 68 and continue on to Mattituck Creek. It should be noted that parts of the channel only carry 6 feet of water at low tide. **A helpful hint for finding Mattituck Inlet:** *at about 4 nautical miles east of the oil platform off Roanoke Point, look for a long break in the bluffs for the entrance to Mattituck Creek. Gong "3A" is located about a mile north of the inlet. Run the creek south as far as you can go, where you can choose between a free anchorage or a transient slip at Matt-A-Mar Marina, which has a pool, restaurant, showers and restrooms. Reservations should be made on an individual basis and they want you to do it on line at mattamar.com (or 298-4739).*

Ted Turner (631) 680-0300 anomaly@optonline.net

2010 Cruising Details – continued

Hamburg Cove, Old Lyme, CT. Cruise

A two night Cruise, Fri. July 30 & Sat. July 31

Leaving Mount Sinai Red & White at 7:00am

Cruise Captains: Lonnie Cardinuto and Janice Dayton – S/V Celeste

You must have a dinghy on this Cruise

Celeste will be taking you to our favorite destination Hamburg Cove, Old Lyme, CT.

The entrance to Hamburg Cove is about seven and a half miles above the Saybrook breakwater off Long Island Sound. Hamburg Cove is really two coves, the Inner Cove, and the Outer Cove. The Outer Cove is where one of the most charming and protected anchorages in all of New England is found. When passing the Old Saybrook Lighthouse and entering the Connecticut River you will need to pay close attention to the channel markers as your course up the river will change from one side of the river to the other. I say to keep a careful eye on the channel markers because from the point in which you enter the CT. River the beauty of the river and its landscape can easily capture your attention. It is not unusual to see Falcons or Hawks swooping down into the river and carry off a large fish. Shortly after passing the second lighthouse you will notice a draw bridge in the far distance. This is the Amtrak train trestle/bridge, hopefully when you reach this bridge it will be open. If not, you will have to wait until the bridge opens so you can pass through. Sailboats cannot fit under this bridge. If the bridge is down there is a large digital clock which you can easily see from your boat counting down the minutes until the bridge will reopen. After the bridge has fully opened you will continue the trip up the river. Within about one nautical mile up ahead is the I-95 highway bridge. There is no problem navigating to this bridge make your approach and pass under the bridge. Just past the I-95 highway bridge the channel markers will eventually bring you from the east side over to the west side of the river as you approach the village of Essex. As you motor past the village of Essex you will pass the Essex Boat Works, The Chandlery at Essex and their mooring fields. After passing Essex watch the channel markers, at this point you will be motoring to the east side of the river. As you continue up the river for about another half a mile on your starboard side you will see the channel markers for the entrance to Hamburg Cove. The channel is 8ft MLW so there should be no problems with depth as long as you stay in the channel. The channel is very narrow and winding so navigate cautiously. Upon entering Hamburg Cove's Outer Cove you will see the mooring field, feel free to tie up to any mooring ball that says Rental it's first come first serve. Now this is the tricky part there are no pendants so you will have to grab the mooring ball eye with your boat hook and slip a line through it and tie up. The fee is \$20.00 per night and the purser comes out every night around 5:00pm and makes his rounds, in addition to collecting his fee he will gladly take your bagged garbage off your boat. If you choose to raft up it is still \$20.00 per boat. From this point if you take your dinghy with an outboard and continue up the channel for about a mile into Inner Cove you will find the Hamburg Cove Yacht Club and the Cove Landing Marina where you can buy ice or if you choose to walk up the hill to the road there you will find a General Store where you have a small selection of groceries, newspapers and more ice. Hamburg Cove is all about peace and quiet and relaxation. If you like to swim, kayak, and perhaps read a good book this is the place. At night time it is so quiet you may find yourself whispering in your cockpit. You are surrounded by the backyards of multimillion dollar homes so respect the cove, remember you are a guest. The water here is brackish so if you are here long enough the bottom of your boat will probably clean itself.

We will be hosting a Cruisers Party aboard Celeste on Friday night so come join us at Hamburg Cove. The last couple of years the moorings were limited so rafting up with another boat is a must.

If you plan on attending please call Lonnie at 516-982-2182 or email ocardinuto@yahoo.com.

2010 Cruising Details – continued

MSSA Summer Long Cruise destination Block Island Sunday August 1st to ??

Cruise Captains: John and Joan Marra – S/V Sailor Dance

This Cruise will be Starting from the Hamburg Cove, CT. Cruise

Note: If you cannot make the Hamburg Cove Cruise just meet up with us at Stonington, CT.

It is advisable to have a dinghy on this cruise.

Our 1st stop after leaving Hamburg Cove is Stonington (29nm). Stonington is steeped in history as a whaling port and is another picture perfect example of an old New England coastal town. It is now home of the last remaining commercial fishing fleet in CT. While in Stonington, one could do a little shopping, or stroll down to the Old Lighthouse Museum. At the Lighthouse, one must go up and take in the view!! You could visit the home of Capt. Nathaniel S. Palmer (who was the discoverer of Antarctica and was a clipper ship designer) There are moorings or slips at Dodson's Boat Yard (860-535-1507) or there is anchoring inside the breakfront- a tender service (for a fee) is availed for those who anchor by Dodson's.

Next stop is Block Island (18nm) What can we say about Block!! Whatever you are looking for you'll find it. There are art galleries, hiking, bars, food, and of course shopping, all availed within walking distance. Strolling around the Island by foot is very do-able, but it may seem like a hike. To see more of Block you can rent a bike or moped to tour the island. You will be salivating like Pavlov's dog when you hear "ANDIAMO!" which is a boat that comes with fresh bakery goods in the am! And YES it is worth the calories!! There is anchoring, town mooring, or slips at Payne's Dock (401-466-5572)they claim that they try NOT to raft up, only in very high volume weekends.

Leaving Block, we sail to Noank (21nm) Noank is a picturesque town on the beautiful Mystic River. At the foot of Main St. there is a town dock where you could visit the Historic Society to learn about the area's colorful past, the Society has a fascinating collection of maritime artifacts. Or one might want to take a dingy ride up the Mystic River (a very calm river) and take in the sights or stop at the town dock. Tie-up and walk around the Village. Don't forget that Ice Cream for your ride back home. There is also Mystic Seaport (a short walk from the town dock) If you're hankering for fresh lobsters, there is Abbott (in Noank Shipyard) Seafood shack that will cook it for you and package it up. For do-it-yourself there is also Ford's Lobster it bring back to your galley (this where we have gotten ours from) Home base will be Mystic Shipyard West, (860-536-6588) have only have slips and is just up the Mystic River a little.

Our last stop is Clinton (30nm). This is a quick stop on the way back home. While downtown Clinton is less than a mile from the harbor, it is filled with modest array of shops and restaurants, from Cashman's Tool and Hardware, to tempting farmer's market goodies. We will be staying at Cedar Island Marina (860-669-8681) This marina calls itself Connecticut's "family boating resort" They have a pool, sauna, Wi-Fi, shopping, arcade, sport courts, picnic tables, grills, there is also a free shuttle that will take you to Clinton Crossing Outlet Mall or into town. There is also a restaurant on premises. On Aug 7th Tony V will be playing poolside from 1-5pm. So maybe we could meet for our last Hoorah before heading back to reality!!

So, come and join Sailor Dance as we Sail to Block Island for an Adventure.

Contact John and Joan Marra at 631-928-3552 if you plan on attending.

2010 Cruising Details – continued

Milford II

Saturday August 28

Cruise Captains: Mike and Joanne Sawka – S/V Full Circle

This annual club cruise to Milford, CT. has been scheduled earlier this season. Our fleet will meet Saturday morning at 10:00am, at the Mt. Sinai red & white. Returning home on Sunday by mid morning or early afternoon.

We will check in at Milford Landing Marina where they have full facilities available. They monitor VHF channel 9. Milford Landing is a great place to visit because it's just a leisurely sail across the sound.

Milford has events and things going on almost every weekend. We'll be communicating the items of interest as we get closer to our Cruise date. You are invited to check them out at www.ci.milford.ct.us It is an easy stroll to the city and village green where they often have festivals and fairs along with gift shops and restaurants.

The Milford Landing Marina Office has copies of menu's from local restaurants that give discounts for the guest staying at the marina. All you need to bring with you if you are dining out is your dockage receipt to get the marina discount.

Space is limited at Milford Landing. In the past we have had 25 MSSA boats attend this popular Cruise so be sure and make your reservations early.
Milford Landing Marina 203-874-1610.

Our Cruisers party will be around 4:30pm so it's BYOB and the club will supply some goodies. If you plan on attending please call Mike or Joanne at 631-331-1138 to let us know you will be joining us to Milford Landing, CT. so we can plan a great Cruisers Party.

2010 Cruising Details – continued
Westbrook / Duck Island
Labor Day Weekend Cruise
2 Night Cruise, Saturday Sept. 4th & Sunday Sept. 5th

Cruise Captains: Lucy Competello and Charlie Sanders
– S/V Lu Sea's Day

Our Labor Day 2 night Cruise takes us to relaxing Westbrook/Duck Island this year! The Menunketesuck and Patchogue Rivers at the Harbor of Westbrook have been dredged over the years making it a center for waterborne activities. Dinghy's are a must for this trip, exploring the wetlands of the rivers is a treat all will enjoy.

At one time or another Duck Island was a smallpox and tuberculosis hospital, burned by the British in 1793 and was a place where rum runners (during Prohibition) hid their booze before bringing it to the main land. Captain Kidd even visited and hid his gold here. You can anchor behind the protective jetties of the Island or you can visit the island itself by dinghy and explore the remains of an old building or walk the beach but be careful, as much of the island is covered with poison Ivy. We have also learned of some nasty rip and rocks extending about ½ mile to the south, so check tides and winds.

There is the "Company of Military Historians Museum" nearby for our history buffs. Westbrook Public Beach is brief walk. Brewers Pilot Point has offered us a discount if we have more than 5 boats. \$2.50 a ft. Call 860-399-7906, reservations can be made online, visit their website at www.byy.com/westbrook, advise you are part of the MSSA group. As it is a holiday weekend they are requesting reservations be made well in advance. They have a very accommodating cancellation policy. Pilot Point Marina is a huge working marina. There is a pool, tennis courts, putting green & picnic area. They offer a courtesy van for local rides to nearby towns or outlets. They also have a good restaurant (Boom) on the premises. There is another very good restaurant nearby "Bill's Seafood" which is accessible by dinghy, has a reputation as being best seafood around!

We will depart from Mt Sinai's Red and White at 8 AM on Saturday. Shortly after arrival at Pilot's Point we'll have our cruisers party. Sunday at your leisure and meet up for dinner (Bill's Seafood?), and then on Monday our trip home!

Watch the newsletter, website and your e-mail for additional details,

Contact Lucy and Charlie S/V Lu Sea's Day at 631-928-2373 if you plan on attending
Lucyblueeyes1@hotmail.com

Guidelines for Cruise Captains

A safe and enjoyable cruise depends upon the elements of good planning and communication. To promote these elements the following guidelines are offered and should be considered by the Cruise Captains when supporting each cruise.

BEFORE THE CRUISE

1. **PROMOTE.** Promote the cruise by submitting a write-up that may be included in the club newsletter.
2. **PLAN EARLY.** Plan early before the season starts. Suggestions include making contact early with marinas and yacht clubs, talking to members that have previously visited the destination, or contacting the local chamber of commerce. Confirm cruise details such as departure time, availability of dockage/mooring, costs involved. Each family will handle any necessary payments individually and not to have the Cruise Captain(s) collect funds or hold reservation under their name and credit card.
3. **KEEP TRACK.** Maintain a list of members attending the cruise, including boat names.
4. **PARTY PLANNING.** Traditionally, upon arrival to the planned port we have a modest arrival celebration/cocktail party. Participants are expected to provide their own beverages. Plan and purchase provisions in advance. Consider the cruise participants (e.g. consider the needs of our younger members), number of people expected, and available funds from the club. Keep receipts as you will be reimbursed for your expenditures. Be reasonable with your expenditures; remember we have a fixed budget (\$10.00 per boat). Any questions should be directed to the fleet captain.

DURING THE CRUISE

1. **WEATHER.** Consider weather conditions on the day of departure and if necessary, suggest an alternate last minute change in plans or cancellation if the weather and seas are too threatening.
2. **HEADING OUT.** Try to depart from Mt. Sinai as a group. Use VHF channel 68 to communicate with the fleet at the scheduled departure time and try to account for all those who signed up for the cruise.
3. **CONTACT WITH BOATS.** Maintain contact with the fleet. To ensure safety, we suggest either contacting the fleet on VHF channel 68 the first 10 minutes after the hour every hour or by visual contact. It may not be necessary to initiate voice contact if radio communications are monitored and it is obvious that everyone is fine. If contact cannot be established on channel 68, try hailing on channel 9 or 16.
4. **RETURNING.** On the day of the return trip home, consider weather conditions and ensure everyone is aware of the group's departure time. If necessary, due to severe sea conditions, consider delaying departure another day.

AFTER THE CRUISE

1. **THE EXPERIENCE.** Share the experience of the cruise with the rest of our membership by submitting an article for the newsletter shortly after the cruise; include the names of all boats that participated. (Newsletter deadline -15th of each month, send article to the editor: Tom Lynch @mssa.org)
2. **REIMBURSEMENT.** Submit receipts in a timely manner to the Treasurer for allowed expenditures.