



SAILING INSTRUCTIONS

29th Annual

American Cancer Society Regatta

August 21, 2010

1. RULES

The regatta will be governed by the 2009-2012 Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association, the Sailing Instructions and for PHRF divisions - the PHRF regulations of the YRA of LIS, and for one design divisions - the rules of the participating one design class. The regatta is designated Category C and the "Minimum Equip Recommendations of the YRA of LIS will apply for all boats".

2. ENTRIES

Eligible boats may be entered by completing registration with the Mount Sinai Sailing Association.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board at the Mount Sinai Yacht Club Bulletin Board.

4. CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions or the schedule of races will be posted by 0900 hours on the day the change will take effect.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the Mount Sinai Yacht Club flagpole.
- 5.2 Flag 'AP' with two guns (one gun when lowered) means 'The race is postponed'. The warning signal will be made not less than 60 minutes after AP is lowered.
- 5.3 Cancellation of races for the day will be indicated by code flag 'N' over 'A', with 3 guns. The Race Committee will attempt to

contact racers not in the vicinity of the club over VHF channel 68.

6. SCHEDULE OF RACES

Saturday, August 21th 2010

- 1000 Harbor Start (R/C Boat fires 1 Gun)
- 1100 Warning Signal - First Division

Sunday, August 22th 2010 – Alternate racing day if cancellation occurs.

7. CLASS DESIGNATIONS

All boats shall fly their appropriate Class designation streamer (supplied in the race packet) from their backstay from the time they appear in the starting area until they have finished and cleared the finish area. The streamer color is the same as the Class Color defined in Table 1 (Section 10.3). In lieu of a streamer, a boat may fly the appropriate International Code Flag from their boats backstay to indicate the class. The Streamer or Flag must be conspicuously displayed.

8. RACING AREAS

The racing area will be approximately in the waters north of the Mt. Sinai Harbor Entrance.

8. COURSE

- 8.1 The course designation letters will be displayed by the race committee prior to the warning signal of the first division. The course displayed will apply to all divisions. The corresponding 'Mark' letter designation are listed on the last page of these sailing instructions.

8.2 All marks are to be passed to Port.

9. MARKS

9.1 Marks will be a government marks, MSSA Club marks or a combination of both. A description of the marks can be found at the end of this document.

10. THE START

10.2 Races will be started in accordance with Rule 26 of the Racing Rules of Sailing (RRS)

10.3 Class Flags:

Class	Flag (Solid Color)
Class 1	Red
Class 2	White
Class 3	Blue
Class 4	Yellow
Class 5	Orange

10.4 The starting line will be between a staff displaying a R/C Flag on the race committee boat and either a government mark or a MSSA Club mark as stated on the last page of the sailing instructions. The committee boat may have an inflatable balloon secured to it. This shall be considered an extension of the committee boat for the purpose of Rule 31.

10.5 Boats whose preparatory signal has not been made shall keep clear of the starting area and of all boats whose preparatory signal has been made.

10.5 A boat shall not start later than 5 minutes **after** her starting signal.

11. CHANGE OF COURSE AFTER THE START

11.1 The Race Committee may abandon a race or shorten a course for any reason. This modifies rule 32.

12. THE FINISH

The finishing line will be between a staff displaying an R/C flag on a race committee boat and the nearby mark.

13. TIME LIMIT

The time limit for the regatta is 15:30 hrs. Any boat not finishing before 15:30 hrs will be scored a DNF.

14. PROTESTS

14.1 Protests should be on US Sailing protest forms available at the Mount Sinai Yacht Club. They must be filed with the protest committee within one hour of the time the race committee arrives at the Mount Sinai Yacht Club. Upon arrival, the race committee will hoist the R/C Flag on Mount Sinai Yacht Club flagpole. The time will be posted on the notice board.

14.2 The jury will hear protests in approximately the order of receipt as soon as possible.

15. SCORING

15.1 The Low-Point scoring system, Appendix A2 of the racing rules, will apply.

15.2 OCS & DNF: Number of division finishers plus one.

DNS & DNC: Number of division entries plus one.

DSQ: Number of division starters plus two.

All scores are required to be counted.

16. RADIO & TELEPHONE COMMUNICATIONS

A boat shall neither make radio or telephone transmissions while racing nor receive radio or telephone communications not available to all boats. The Race Committee will monitor VHF channel 68.

17. INTERNET WEB SITE

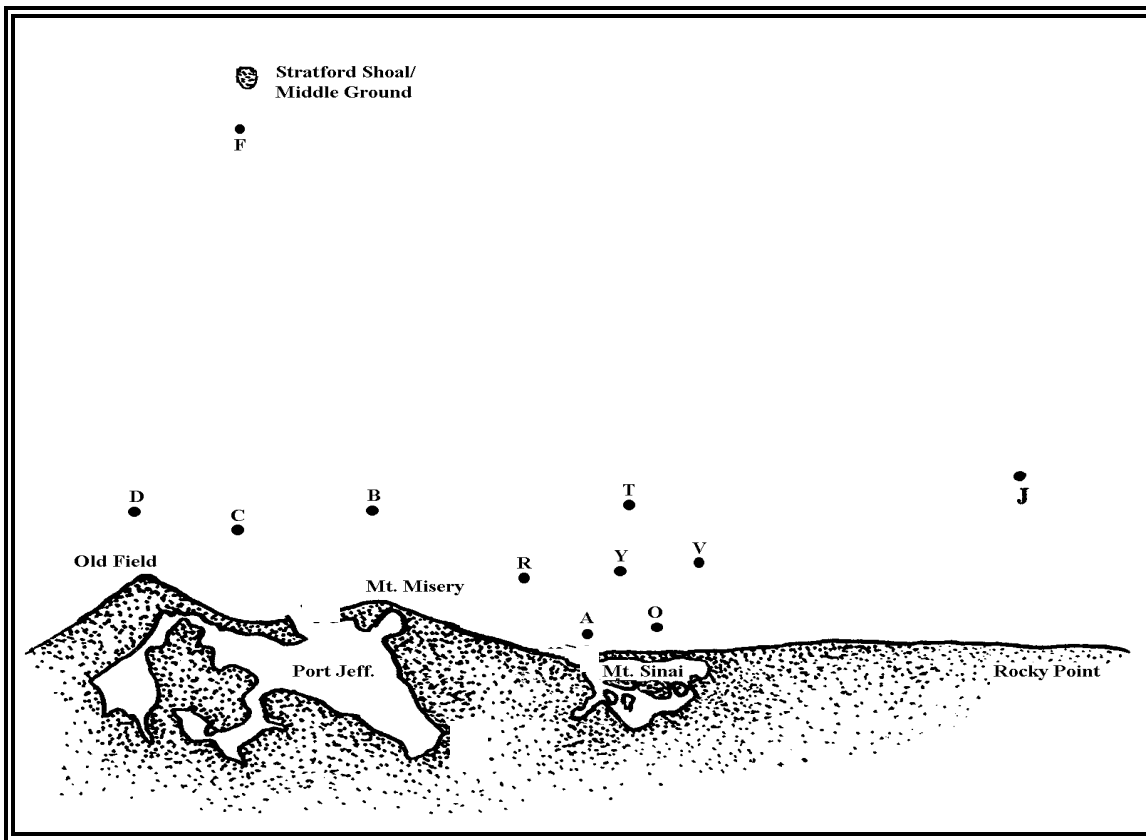
The race committee may post the Notice of Race, Sailing Instructions, Scratch Sheet, and Results at its Web site www.mssa.org. Any such information is unofficial, competitors should obtain printed copies and consult the official notice board for final information.

DESCRIPTION OF MARKS

- "A" RW Mt. Sinai
- "B" C"11" off Mt. Misery Point
- "C" RW Mo (A) Bell, Port Jefferson
- "D" "11A" Gong off Old field Point
- "F" R"2" F1 4 sec. Gong, Middle Ground
- "J" C"9" - off Rocky Point
- "O" Club Mark - Approx. .7 nautical miles on a heading of 85 degrees from "A"
- "R" Club Mark - Approx. .85 nautical miles on a heading of 330 degrees from "A"
- "T" Club Mark - approx. 1.75 nautical miles on a heading of 30 degrees from "A"
- "V" Club Mark - Approx. 1.5 nautical miles on a heading of 60 degrees from "A"
- "W" Club Mark - Temporary (portable) mark to be placed 1 nautical mile directly windward of the starting line.
- "Y" Club Mark - located half-way between "A" and "T" approximately 0.97 nautical miles from A on a heading of 36 degrees from A.
- "Z" Club Mark - Z will be a temporary portable mark placed as the pin end of the starting line and may be used additionally as a turning mark if indicated in the course description.

MSSA Race Mark Locations 2010*					
	Y	V	T	R	O
Latitude	40 59 098 N	40 59 215 N	40 59 878 N	40 58 768 N	40 58 300 N
Longitude	073 02 157 W	073 01 229 W	073 02 006 W	073 03 367 W	073 01 714 W

* Mark locations are approximate



Not to Scale